



Art Guidance Cards

For a New Perspective

Learn the Guidance Cards Coaching Technique and Gain Confidence in your Skills with Art Guidance Cards

Workshop Agenda

8:30 - 9:00 am Registration & Name Tags

9:00 - 9:20 am Welcome and Introductions
Workshop Goals/Objectives

9:20 - 10:40 am Background, history, description of Art Guidance Cards method (presentation)

10:40 - 11:00 am Group participation: grounding exercise, sample Art Guidance Card, and debriefing

11:00 - 11:15 am **BREAK**

11:15 - 12:00 pm Teaching the method referencing The Art Guidance Coach Training Manual (hand out manuals)

12:00 - 1:00 pm **LUNCH**

1:00 - 1:45 pm Exercise: pair up to practice an Art Guidance Card session with each other, switch partners (hand out card decks)

1:45 - 2:00 pm **BREAK**

2:00 - 3:20 pm Individual Art Guidance Card & Inner Guidance Journaling exercise (hand out Journals)

3:20 - 4:00 pm Q&A's, Distribute Resources, Evaluations and Certificates
Facilitator (Contact Information)

(Times may vary slightly depending on group size)